

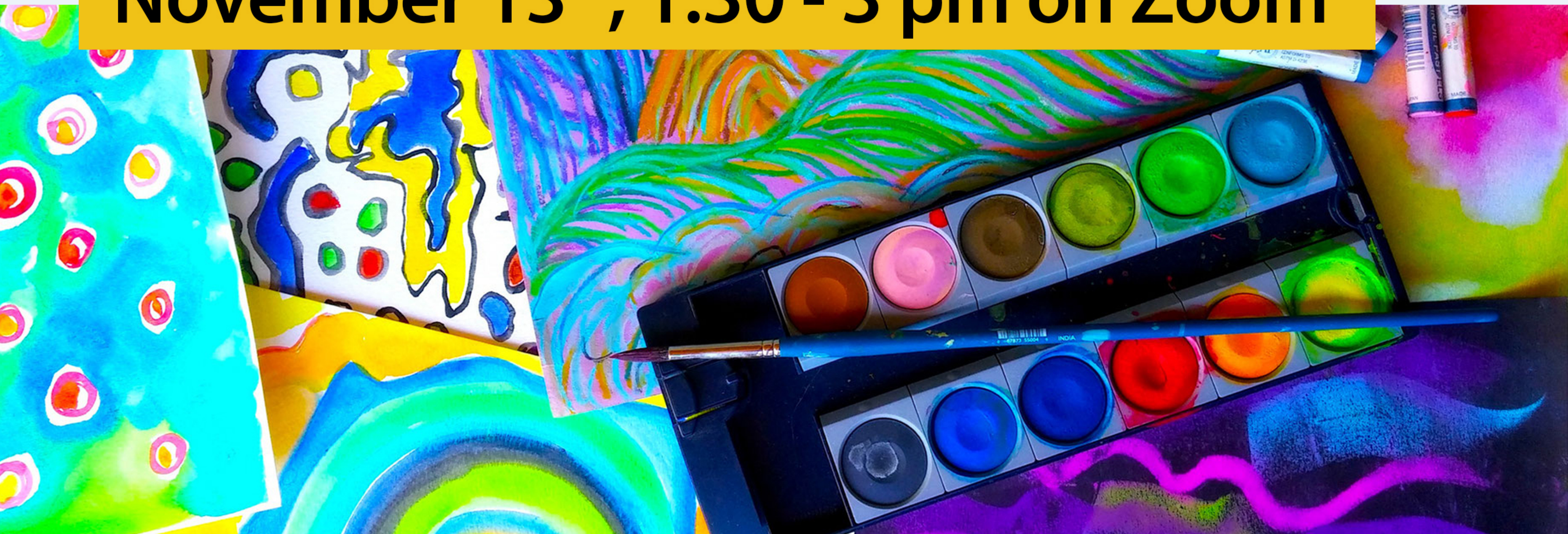
Online workshop

Building your Grief Toolbelt Series **Part 4**

Exploring Legacy Through Art Therapy

facilitated by Cynthia Gardner, Art Therapist

November 13th, 1:30 - 3 pm on Zoom



What Seeds are You Planting in your Life?

Join us to explore – through discussion and art therapy – the influences we are sowing in our lives today. We'll also touch on ways to help our palliative clients explore their own legacy.

This session is hosted by Cynthia Gardner, whose art psychotherapy practice at Doane House supports clients experiencing grief and bereavement in the Newmarket, Ontario area.

To participate in the art invitations, please have at least one kind of art material on hand, such as drawing paper and coloured pencils, crayons, or markers. Other materials are welcome.